



Striking and Fielding Year 5: Summer

<p>Coverage:</p> <ul style="list-style-type: none"> • Use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending 	<p>Knowledge and Key vocabulary:</p> <ul style="list-style-type: none"> • Wicket • Stump • Bowler • Fielder • Batter • Run - out • Caught - out • Dominant and non - dominant hand • Long barrier technique 	
<p>Thrive Link</p> <ul style="list-style-type: none"> • I can be the leader without overpowering others • I can create rules which are fair to all • I can follow a leader 	<p>Physical Skills</p> <ul style="list-style-type: none"> • I can sprint between wickets/posts • I understand the rule of running players out • I can field under pressure • I can field in game situations • I can defend my stumps with my bat • I can bowl the ball to different areas and explain why • I am beginning to umpire a game • I can play in a small sided game and apply my skills 	
<p>Kwik Cricket Ways to get a player out:</p> <ul style="list-style-type: none"> • Ball is caught • Ball is stumped on the wickets • Ball is bowled to hit the wickets 	<p>Rounders Ways to get a player out:</p> <ul style="list-style-type: none"> • Ball is caught • Ball is stumped on the post • Player is run out 	<p>Rounders Scoring:</p> <ul style="list-style-type: none"> • $\frac{1}{2}$ rounder to 2nd base • 1 rounder to 4th base <p>Others:</p> <ul style="list-style-type: none"> • Ball not hit = must run • Ball hit behind, only to 1st base