





## Invasion Games: Hockey

### Year 2 : Spring 2

<p><b>Coverage:</b></p> <ul style="list-style-type: none"> <li>• Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</li> <li>• Participate in team games, developing simple tactics for attacking and defending</li> </ul>	<p><b>Knowledge and Key vocabulary:</b></p> <ul style="list-style-type: none"> <li>• Control of the ball</li> <li>• Correct hockey grip</li> <li>• Dribbling - head up</li> <li>• Using space</li> <li>• Golden rule: Stop the ball with the flat side</li> <li>• Warm up</li> <li>• Movements: forwards, backwards, side stepping</li> <li>• Passing</li> <li>• Invade space - attacking</li> </ul>	
<p><b>Thrive Link</b></p> <ul style="list-style-type: none"> <li>• I can be safe with a hockey stick</li> <li>• I can work with a partner</li> <li>• I can follow rules</li> <li>• I can work in a team</li> <li>• I can cope with losing</li> </ul>	<p><b>Physical Skills</b></p> <ul style="list-style-type: none"> <li>• I can stop a hockey ball with control</li> <li>• I can pass a hockey ball to someone else with some accuracy</li> <li>• I can take part in a small team game with opposition</li> <li>• I can decide where to stand during a team game</li> <li>• I can change the speed and direction while running</li> </ul>	<p><b>Hockey Rules</b></p> <ul style="list-style-type: none"> <li>• Non-contact sports</li> <li>• No goalkeepers</li> <li>• Game starts with a centre pass and after a goal is scored.</li> <li>• Hit ins are given if the ball goes off the pitch</li> <li>• A player must not hit another player's stick</li> <li>• A player must not kick the ball</li> <li>• Players must keep their sticks below hip height</li> <li>• Only one player is allowed to tackle another player with the ball</li> </ul>
	<p style="text-align: center;"><i>Basic Grip</i></p> 	<p style="text-align: center;"><i>The "V"</i></p> 