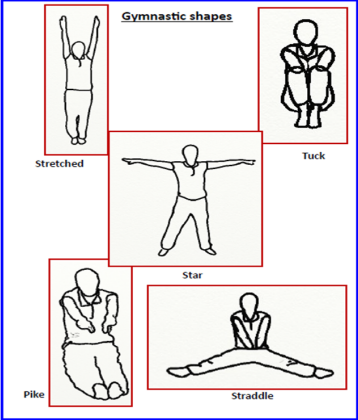





## Dance Year 1:Spring 1

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| <p><b>Coverage:</b></p> <ul style="list-style-type: none"> <li>• Perform dances using simple movement patterns.</li> <li>• Minibeast - science cross curricular link</li> </ul>  | <p><b>Knowledge and Key vocabulary:</b></p> <ul style="list-style-type: none"> <li>• Three shapes: Straight, tuck, star.</li> <li>• Mirror (copy)</li> <li>• Travel: forwards, backwards, sideways</li> <li>• Facial Expression</li> <li>• Flight</li> <li>• Beginning, middle, end</li> <li>• Music: beat, tempo (fast/slow)</li> </ul>   |
| <p><b>Thrive Link</b></p> <ul style="list-style-type: none"> <li>• I can follow instructions</li> <li>• I persevere with tasks that I find hard</li> <li>• I can try new activities, even when I am unsure</li> <li>• I can be safe</li> <li>• I can show different emotions through facial expressions</li> </ul> | <p><b>Physical Skills</b></p> <ul style="list-style-type: none"> <li>• I can perform simple movement to tell a story</li> <li>• I can perform basic travelling skills</li> <li>• I can be expressive with my facial expressions</li> <li>• I can use equipment to explore changes of speed and level to create actions to represent flight</li> <li>• I can choose movements to make into their own phrases, with beginnings, middles and ends</li> <li>• I can perform in front of my class</li> <li>• I can describe my own and others dance routines</li> <li>• I can suggest improvements to my own and others routines</li> </ul> |
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