



Net/Wall Games: Tennis

Year 1 : Spring 2

<p>Coverage:</p> <ul style="list-style-type: none"> • Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities 	<p>Knowledge and Key vocabulary:</p> <ul style="list-style-type: none"> • Agility, balance and coordination • Racquet, net • Double bed to catch • Two handed catch • One handed catch • Dominant hand • Rally • Send and receive 	
<p>Thrive Link</p> <ul style="list-style-type: none"> • I can work together in a partner • I can be aware of others abilities • I can follow instructions • I can be safe with a tennis racquet 	<p>Physical Skills</p> <ul style="list-style-type: none"> • I can demonstrate agility, balance and control • I can demonstrate different ways that the ball can be under control • I can send and receive with a partner • I can control a tennis ball and large ball • I can demonstrate correct technique when sending over a net • I can engage with the non dominant hand in certain tasks • I can demonstrate tennis related movements with control and technique • I can show that I can move into position to receive the ball • I can send accurately at a target, whilst playing in a competitive environment 	
<p>Correct racquet grip</p> 		